

Kenyir Lake International Triathlon 2009
29 March 2009

Category: MEN 40 - 49 YEARS

Rank	Bib	Name	Country	Swim	T1	Bike	T2	Run	Total
1	313	Muhamad Razani Husain	Malaysia	00:25:29	00:01:03	01:03:12	00:00:43	00:40:32	02:10:58
2	308	Iwata Takatoshi	Japan	00:27:49	00:01:16	01:12:11	00:00:50	00:41:11	02:23:14
3	312	Niphon Suwan	Thailand	00:28:50	00:01:30	01:08:25	00:00:42	00:45:36	02:25:01
4	302	Charoen Khangkharo	Thailand	00:34:52	00:01:28	01:10:48	00:00:47	00:39:22	02:27:16
5	320	Steen Puggaard	Denmark	00:29:05	00:01:23	01:12:41	00:01:28	00:58:35	02:43:10
6	319	Ralph Dixon	Malaysia	00:25:40	00:01:32	01:29:10	00:00:57	00:46:41	02:43:58
7	326	Andre Bonfrer	Holland	00:31:39	00:01:49	01:18:15	00:01:28	00:53:15	02:46:24
8	301	Ahmad Joyo bin Hj Mohd Sahari	Malaysia	00:28:24	00:01:15	01:12:40	00:01:17	01:04:07	02:47:42
9	306	Freddie Tang Kok Wah	Malaysia	00:28:10	00:01:52	01:19:17	00:01:03	01:00:06	02:50:27
10	317	Pek Wee Haur	Singapore	00:34:10	00:04:26	01:22:23	00:01:57	00:51:16	02:54:10
11	307	How Choon Kiat	Singapore	00:47:47	00:02:42	01:19:54	00:01:31	00:44:39	02:56:32
12	316	Paul Lee Boon Haw	Malaysia	00:44:18	00:04:35	01:22:51	00:01:53	00:56:53	03:10:28
13	303	Ariffin bin Abdul Manan	Malaysia	00:39:39	00:02:01	01:23:12	00:01:59	01:04:24	03:11:15
14	304	Chee Kai Mun	Malaysia	00:36:47	00:02:19	01:22:17	00:02:35	01:07:59	03:11:55
15	322	Yap Eng Leong	Malaysia	00:28:20	00:02:32	01:23:44	00:02:24	01:18:26	03:15:24
16	305	Cheok Kon Fook	Malaysia	00:40:04	00:03:49	01:29:33	00:01:57	01:04:35	03:19:56
17	321	Tan Chee Kee	Malaysia	00:31:23	00:01:49	01:31:45	00:01:39	01:15:56	03:22:28
18	309	Jens Dreher	Germany	00:38:19	00:02:37	01:21:36	00:03:13	01:17:04	03:22:47
19	325	Abdul Hamid Ramli	Malaysia	00:46:58	00:01:35	01:32:44	00:02:18	01:02:10	03:25:45
20	310	Lester Thum	Malaysia	00:27:55	00:01:54	01:38:04	00:01:47	01:19:04	03:28:42
21	318	Peter Chan Sai Kong	Malaysia	00:40:11	00:05:08	01:38:03	00:03:02	01:09:03	03:35:27
22	315	Oliver Knott	Great Britain	00:34:30	00:03:14	01:56:53	00:03:48	01:12:25	03:50:50
	323	Simon Cross	Great Britain						DNF