

Kenyir Lake International Triathlon 2010

28 March 2010

Category : Men 20 - 29 years

Rank	Bib	Name	Country	Swim	Bike	Run	Total
1	132	Mohd Zuhar bin Ismail	Malaysia	00:24:49	01:11:34	00:39:05	02:15:28
2	109	Brudi ak Igar	Malaysia	00:00:00	01:34:45	00:42:11	02:16:56
3	116	Laurence Gerang	Malaysia	00:00:00	01:32:07	00:47:01	02:19:08
4	102	Abdul Rahman Hassan	Malaysia	00:24:11	01:12:21	00:43:12	02:19:44
5	142	Norshahrul bin Ami Nordin	Malaysia	00:27:29	01:12:05	00:40:37	02:20:11
6	140	Nazri bin Ahmad	Malaysia	00:25:29	01:14:04	00:40:54	02:20:27
7	113	Ho Kok Yaw	Malaysia	00:20:21	01:14:22	00:46:25	02:21:08
8	141	Niatin bin Nujatin	Malaysia	00:24:46	01:13:48	00:44:56	02:23:30
9	118	Mohamad Allie Helmy bin Sabtu	Malaysia	00:23:09	01:07:48	00:53:48	02:24:45
10	117	Mahasan bin Che Ismail	Malaysia	00:23:12	01:13:18	00:49:20	02:25:50
11	154	Muhammad Airel Sanggup bin Richard	Malaysia	00:24:37	01:15:10	00:47:04	02:26:51
12	152	Yusmadi bin Md Yusof	Malaysia	00:26:14	01:14:35	00:48:24	02:29:13
13	120	Mohamad Saiful B. Zainon@Zainul	Malaysia	00:28:42	01:14:21	00:46:54	02:29:57
14	153	Zainal Azam bin Zinol Abidin	Malaysia	00:28:05	01:13:55	00:49:27	02:31:27
15	103	Ahmad Firdaus bin Mohamad	Malaysia	00:24:34	01:16:41	00:53:37	02:34:52
16	124	Mohd Firdaus Mohd Akhbar	Malaysia	00:28:20	01:16:13	00:53:26	02:37:59
17	155	Norairul bin Mohd Nor	Malaysia	00:30:58	01:17:53	00:49:35	02:38:26
18	134	MUHAMAD HELMI ABDULLAH BIN NADZRI	Malaysia	00:28:12	01:18:55	00:52:27	02:39:34
19	135	MUHAMMAD AMIRUL HAFIZ BIN AMAN	Malaysia	00:32:33	01:18:09	00:49:25	02:40:07
20	150	Sufiyan bin Abdul Samad	Malaysia	00:31:50	01:21:03	00:49:10	02:42:03
21	143	Ong ZhiPeng	Malaysia	00:29:57	01:23:22	00:50:12	02:43:31
22	127	MOHD HUDHA BIN MORTADOR	Malaysia	00:33:44	01:18:36	00:51:13	02:43:33
23	137	MUHAMMAD HISHAM BIN ABDUL HALIM	Malaysia	00:28:11	01:18:55	00:58:02	02:45:08
24	133	MUHAMAD HAZIQ BIN AZMEN	Malaysia	00:34:57	01:17:24	00:52:49	02:45:10
25	147	Saiful Khohar	Malaysia	00:27:02	01:17:34	01:00:41	02:45:17
26	136	MUHAMMAD FARID BIN ABD FATAH	Malaysia	00:35:46	01:23:35	00:51:23	02:50:44
27	123	MOHD FARHAN BIN KAMARULBAHRIN	Malaysia	00:26:13	01:23:16	01:01:16	02:50:45
28	110	FADZEEL BIN MUNIR	Malaysia	00:30:34	01:28:11	00:52:44	02:51:29

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29	156	Her Chyuan Sheng	Singapore	00:27:09	01:32:24	00:52:16	02:51:49
30	119	MOHAMAD FAEZI BIN RUSLAN	Malaysia	00:25:17	01:36:54	00:52:27	02:54:38
31	151	Tan Lian Meng	Malaysia	00:30:49	01:27:39	00:57:40	02:56:08
32	139	MUHD HUZAILY B MD HUSSAIN	Malaysia	00:27:26	01:23:39	01:05:48	02:56:53
33	131	MOHD SHAHRIL BIN USOF	Malaysia	00:39:54	01:23:15	00:54:47	02:57:56
34	115	Koh Jon Young	Malaysia	00:22:31	01:38:52	00:57:16	02:58:39
35	125	Mohd Fitri Saman	Malaysia	00:37:35	01:31:07	00:52:23	03:01:05
36	138	Muhammad Iskandar Bin Ahmad Fajar	Singapore	00:41:23	01:26:25	00:55:25	03:03:13
37	144	Oo Poh Cheang	Malaysia	00:38:06	01:27:23	00:58:49	03:04:18
38	106	AMEER AZHAR BIN FADZILAN	Malaysia	00:30:28	01:27:50	01:09:10	03:07:28
39	129	Mohd Mukhlis	Malaysia	00:26:03	01:23:59	01:17:39	03:07:41
40	107	ARVIND K KUMAR	Singapore	00:25:27	01:50:06	00:55:22	03:10:55
41	112	Goh Tingfu	Singapore	00:32:33	01:24:24	01:15:21	03:12:18
42	111	Fong Wee Siang	Malaysia	00:22:28	01:36:51	01:21:00	03:20:19
43	149	Shahrulnizad	Malaysia	00:30:00	01:28:26	01:23:49	03:22:15
44	105	Allan Tan Tzeq Chean	Malaysia	00:26:25	01:37:30	01:20:31	03:24:26
45	130	Mohd Sabki bin Arifin	Malaysia	00:28:19	01:41:23	01:16:02	03:25:44
46	146	Prakash Singh	Malaysia	00:36:29	01:36:18	01:17:33	03:30:20
47	104	AHMAD SYAZWAN BIN RUSLI	Malaysia	00:41:18	01:48:08	01:10:23	03:39:49
48	122	MOHD AZWAN BIN AHMAD	Malaysia	00:44:17	02:01:05	01:13:30	03:58:52
49	114	James Yii Yang Ho	Malaysia	00:41:52	01:59:37	01:25:27	04:06:56